

Chapel Hill Wellness@Work



wellness@work
UNC HEALTH | FAMILY MEDICINE
TOWN OF CHAPEL HILL



Wellness Clinic

- 317 Caldwell Street – lower level of Housing Department
- Walk-in hours daily or by appointment

Wellness Opportunities

- Town of Chapel Hill gyms and pools
- Reduced membership fee at O2 Fitness
- Lunch-and-Learns
- Wellness programming: walking groups, mindfulness, challenges & more!

Clinic Services

- Treatment of minor illnesses
- Management of chronic health problems
- Wellness visits
- Tobacco-Free Employee Program
- Nutrition counseling
- After-hours urgent care
- Annual Health Risk Assessment

Learn more at
chapelhillwellnessatwork.org



Town of Chapel Hill Wellness Clinic

For over 10 years, a partnership between the Town of Chapel Hill and UNC Department of Family Medicine has provided a clinic for Town employees, dependents, and pre-65 retirees who are enrolled in the Town's Blue Cross/Blue Shield health insurance program. All services are free and confidential.

The Wellness Clinic is located in the basement of the Town Housing Department at 317 Caldwell Street.

Clinic providers, all from UNC Family Medicine, include:

- A Medical Director
- 2 Family Nurse Practitioners
- A Dietitian
- A Tobacco Cessation Specialist

Connect with the Wellness Clinic

There are several ways you can connect with the Wellness Clinic:

- Call 919-968-2796
- Stop by the clinic during Walk-In Hours, 10:30 a.m. to 2:30 p.m., Monday through Friday
- Through My UNC Chart

My UNC Chart allows you to securely connect with the Wellness Clinic, so that you can:

- Schedule appointments and communicate with a provider
- Take the annual Health Risk Assessment
- View your recent lab results, weights, and blood pressures

New to My UNC Chart?

- Find out more here, including how to sign up: unchealthcare.org/patients-families-visitors/my-unc-chart/

